INFORMATION BULLETIN

3rd May 2025

EUROPEAN AQUATICS

OPEN WATER CUP LEG 1 PROTARAS 2025

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European Aquatics' President Message

Dear Friends,

It is a great pleasure to introduce this Information Bulletin for the first leg of the 2025 European Aquatics Open Water Cup, a highlight of the marathon swimming calendar, which will take place in the beautiful setting of Protaras, Cyprus.

The series will then continue across four stunning venues, offering diverse and challenging conditions for Europe's top athletes. heading to Setubal, Portugal, on 22nd June. The third leg follows in Paris, France on 26th July, before continuing to Barcelona, Spain on 20th September and concluding in Razanac, Croatia, on 27th September – creating a fascinating finale with two rounds in as many weeks.

The European Aquatics Open Water Cup is renowned for testing the resilience and skills of athletes in natural water environments, such as seas and lakes, where competitors must contend with varying temperatures, currents, and weather conditions across the 10km race.

I would like to send a warm thank you to my friend Alexandros Christoforou, President of the Cyprus Swimming Federation whose team is working closely with partners at the Paralimni Deryneia Municipality to ensure that our athletes have the right facilities to be able to perform at the highest level, as well as enjoy typical Cypriot hospitality.

It remains for me to thank all the officials, volunteers and local supporters and look forward to the first races of what is certain to be a great season of open water swimming.

Antonio Silva

President, European Aquatics

Host Federation and Organizing Committee's Welcome Messages

Dear Friends,

The Cyprus Swimming Federation, in collaboration with Paralimni – Deryneia Municipality, is happy to invite your national teams to participate in the 1st leg of the 2025 European Aquatics Open Water Swimming Cup.

The event, which will be hosted for the second time in Cyprus, will take place in Protaras, Cyprus, on 3rd of May 2025 and will cover a distance of 10km.

LOOKING FORWARD TO SEEING YOU IN PROTARAS

Alexandros Christoforou

President, Cyprus Swimming Federation

Dear Friends,

On behalf of the Cyprus Swimming Federation, it is my great pleasure to welcome the most talented open water swimmers of Europe to the first leg of the 2025 European Aquatics Open Water Swimming Cup. The competition will take place on 3rd May 2025 in Protaras, one of Europe's favourite tourist destinations, best known for its golden sand beaches and idyllic crystal-clear waters.

I want to express our deepest gratitude to European Aquatics for entrusting us with the organisation of this great event, as well as to the Paralimni – Deryneia Municipality, our co-hosts, for their huge support.

We promise to do our utmost to meet European Aquatics demands and deliver an outstanding event!

Looking forward to seeing you all in Cyprus!

WELCOME TO PROTARAS

Mr. George Nikolettos

Mayor Paralimni – Deryneia

Dear Friends,

It is with great joy and honor that we welcome the European Aquatics Open Water Swimming Cup to the stunning Protaras, one of Europe's premier tourist destinations. I would like to extend my heartfelt thanks to the European Aquatics for including our Municipality of Paralimni - Deryneia in this prestigious European event.

The race will take place in the crystal-clear waters of Protaras, which is internationally acclaimed for its beautiful and popular beaches. Our natural environment, combined with our excellent infrastructure, offers ideal conditions for both sports and tourism.

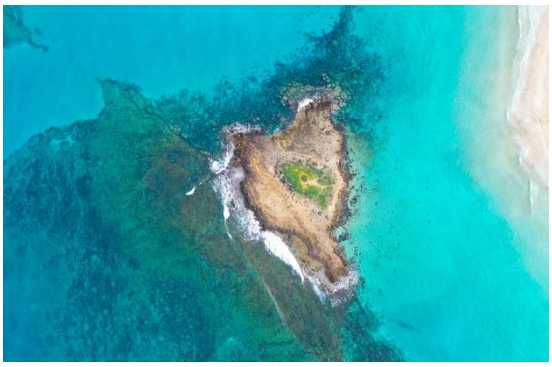
Our goal is to attract more international sports events, showcasing our area as an exceptional and welcoming destination for every visitor. We are proud to host athletes and sports enthusiasts from across Europe, proving that Protaras is not only a tourist paradise but also a hub for sportsmanship and fair competition.

We warmly welcome you and wish you all the best of success!

PROTARAS

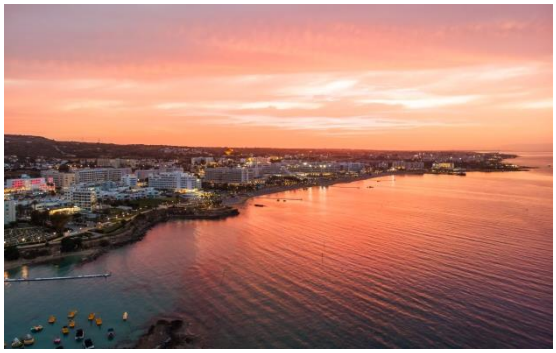
Nestled on the southeastern coast of Cyprus, Protaras is a jewel in the Mediterranean that offers a blend of serene natural beauty, thrilling adventures, and vibrant cultural experiences. Renowned for its pristine beaches with golden sands and crystal-clear waters, Protaras is a destination that promises unforgettable memories for travelers of all kinds.

The beaches of Protaras are among the finest in Europe, consistently earning Blue Flag awards for their cleanliness and amenities. Fig Tree Bay, the crown jewel of the region, enchants visitors with its turquoise waters and idyllic surroundings. The shallow, calm sea is perfect for families, while the abundance of water sports ensures endless excitement for thrill-seekers. From jet skiing and paddleboarding to windsurfing and banana boat rides, the options are as diverse as they are exhilarating.



For diving enthusiasts, Protaras offers some of the best underwater experiences in the Mediterranean. The clear waters provide exceptional visibility, revealing a vibrant underwater world of marine life and intriguing rock formations. The iconic Green Bay and the Cyclops Cave are must-visit sites for divers, with opportunities to explore reefs, caves, and even ancient artifacts. Whether you're a seasoned diver or a beginner, the area's professional diving schools provide expert guidance and equipment.

Protaras is also an emerging hub for sports tourism. Its excellent weather, with over 340 days of sunshine annually, creates perfect conditions for outdoor activities year-round. Cycling enthusiasts will find scenic routes that weave through the picturesque coastline and lush countryside, while runners and hikers can explore nature trails that lead to breathtaking viewpoints. For athletes seeking training facilities, the region offers modern sports complexes and accommodations tailored to active lifestyles.



Beyond its natural allure, Protaras boasts a rich cultural and gastronomic heritage. The region is dotted with traditional taverns and contemporary restaurants that serve a delightful fusion of Cypriot and international cuisine. Fresh seafood, local cheeses, and wines are highlights of the culinary offerings, providing a true taste of Mediterranean flavors. Visitors can savor meals by the sea while enjoying spectacular sunsets that paint the sky in hues of orange and pink.

The cultural charm of Protaras extends to its historical sites and local traditions. The charming chapel of Prophet Elias, perched at top of a hill, offers panoramic views and a glimpse into the area's spiritual heritage. Seasonal festivals and events celebrate Cypriot customs, music, and dance, allowing visitors to connect with the island's vibrant culture.

Accommodation in Protaras ranges from luxurious beachfront resorts to cozy boutique hotels and self-catering villas, all designed to provide comfort and convenience. Many establishments prioritize sustainability and eco-friendly practices, ensuring that the natural beauty of the area is preserved for generations to come.

Protaras is more than just a destination; it is an experience that captures the essence of Mediterranean living. Whether you're seeking relaxation, adventure, or cultural enrichment, this captivating coastal town invites you to discover its treasures and create memories that will last a lifetime.

European Aquatics Open Water Swimming Cup

2025 Calendar

Regulations

European Aquatics Open Water Swimming Cup will be organised under the European Aquatics Open Water Swimming Cup Rules and it's an open event for countries geographically located out of European continent.

In the interest of preserving the environment, and according to the decision taken by the European Aquatics Bureau in Malta (MLT) in March 2018 at the European Aquatics Bureau Meeting, the use of biodegradable cups will be compulsory.

Points and Prizes

Points will be awarded to the athletes as described in European Open Water Swimming Cup Point System

The best three ranked European athletes, male and female, will receive prize money as follows:

1st	**2,500 Euro**
2nd	**1,500 Euro**
3rd	**1,000 Euro**

Event Info

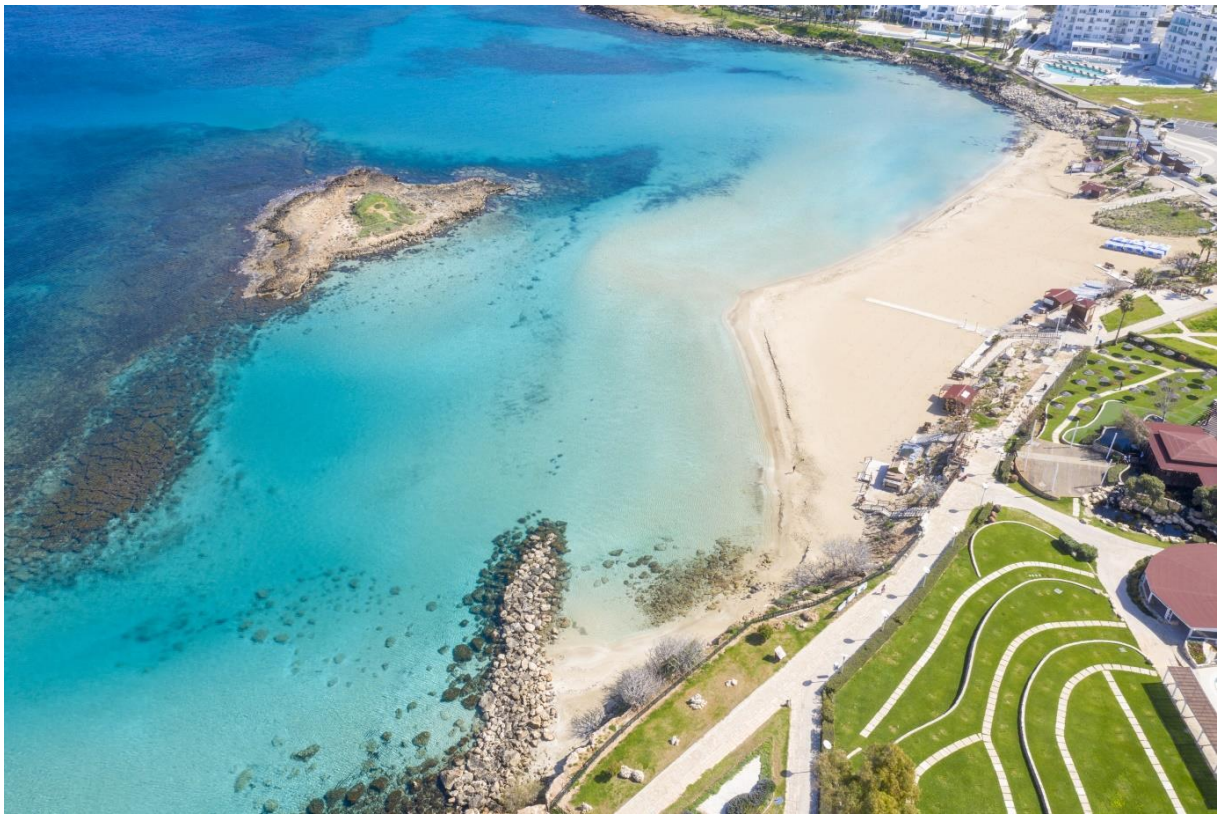
The event will be organised by Cyprus Swimming Federation in collaboration with the Paralimni – Deryneia Municipality

Event Contacts

HOST Federation	Cyprus Swimming Federation Address: P.O. Box 23931, 1687 Nicosia, Cyprus Phone: 00357 22449841 E-mail: koek@logos.cy.net
LOC Contact	Maria Loizidou Kyriacou E-mail: koek@logos.cy.net
European Aquatics Contact	Email : openwater@len.eu

Location

Fig Tree Bay - Protaras



Key Dates

14/03/2025	Preliminary Entry and Accommodation Form
14/03/2025	50% prepayment for official booking
03/04/2025	Final hotel booking and Travel Form
03/04/2025	Final hotel payment
03/04/2025	Rooming List
23/04/2025	Final Entries deadline (via EMS)

Registrations and Accreditation

Sports entries and accreditation of team members will be done through European Aquatics EMS. The link will be shared at a later stage.

All team members will receive their accreditations upon arrival to the official hotel. They are mandatory for access to the competition venue and the hotels.

Event Schedule*

THURSDAY 1/5/2025	**Arrival of delegations 18:00-20:00h**	Training at the Paralimni Swimming Pool (25m) (Shuttle departure from hotels at 17:30) (Shuttle departure from the pool at 20:15)
FRIDAY 2/5/2025	**09:00-11:00h**	Training at the Paralimni Swimming Pool (25m) (Shuttle departure from hotels at 08:30) (Shuttle departure from the pool at 11:15
	15:30-16:30h	Technical Meeting
	16:30-17:30h	EA Delegates, Referees, LOC Meeting
	17:00-18:00h	Training at the venue
	19:00-20:00h	Opening Ceremony
	21:00h	Official Dinner

**Training schedule subject to updates*

Competition Programme

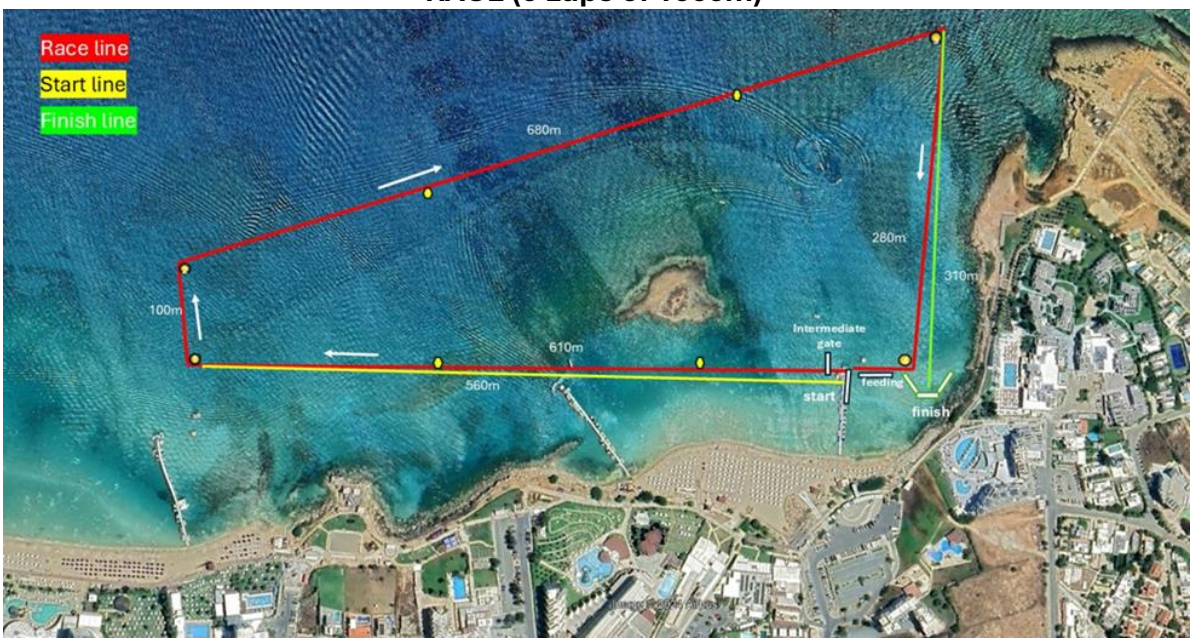
SATURDAY 3/5/2025	**06:00h**	Warm up and Registration
	07:30h	Last briefing
	07:45h	Swimmers' presentation
	08:00h	Men's competition
	08:10h	Women's competition
	11:30h	Awards Ceremony

Pool Training Info

The Paralimni open swimming pool 25m will be available for training.
A shuttle bus will be available for the transportation free of charge – approximately 15 minutes' drive from the hotels.

Venue and Course Info

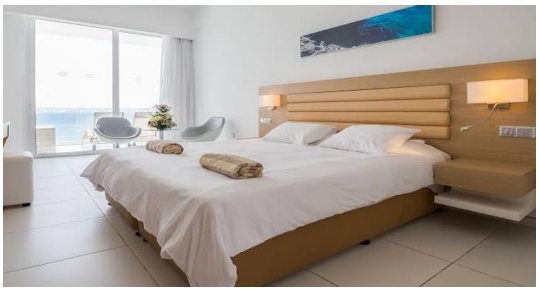
RACE (6 Laps of 1666m)



Accommodation and Booking

VRISSAKI BEACH HOTEL ****

(Location : 8 minutes' walk from the venue)



Vrissaki Beach Hotel is a luxurious 4-star hotel in Protaras. Amenities include spa, gym, bars & restaurants, pools, jacuzzi and massage.
It is positioned on the main beach of Protaras and along the Protaras board walk.

FULL BOARD / SINGLE ROOM / PER NIGHT / PERSON €180.00
FULL BOARD / TWIN ROOM / PER NIGHT / PERSON €150.00
FULL BOARD / TRIPLE ROOM / PER NIGHT PERSON €140.00

PROTARAS PLAZA HOTEL***

(Location : 5 minutes' walk from the venue)

Protaras Plaza is a 3-star stylish hotel positioned in the center of Protaras, just a few minutes' walk from souvenir shops, bars and restaurants.
Fig Tree Bay is nearby for fancy watersports, seafront sunbathing and swimming.
Hotel amenities include indoor and outdoor pools, bars and restaurants.

FULL BOARD / SINGLE ROOM / PER NIGHT / PERSON	**€150.00**
FULL BOARD / TWIN ROOM / PER NIGHT / PERSON	**€130.00**
FULL BOARD / TRIPLE ROOM / PER NIGHT / PERSON	**€120.00**

The hotels are not available for direct booking. A fee of €250,00 per person must be paid if accommodation is not booked through the Cyprus Swimming Federation and transport services will not be available.

For hotel reservations please return the "Preliminary Entry and Accommodation Form" by **14 of March 2025.**

The reservations will be confirmed officially only after receiving the duly signed and stamped form, and payment of the 50% deposit of the total amount due.

Reservations will be finalized upon receipt of the balance due and "Final hotel booking and Travel Form" by **3rd April 2025.**

Payments

Please submit payments to the following account:

Name:	CYPRUS SWIMMING FEDERATION
Bank:	Bank of Cyprus
IBAN:	CY02 0020 0195 0000 3570 0983 4929
SWIFT BIC:	BCYPCY2N
Subject:	LEG 1 - OPEN WATER 2025

Cancellation and Refunding Rules

Cancellations made prior to **3rd April 2025** will not be penalized.

Cancellation requests between **4th April 2025 and 20th April 2025**, will have 50% penalty of the total booking cost.

There will be no refunds for cancellations made after **20th April 2025**.

Official Airport and Transfers

Larnaca International Airport "Glafcos Clerides" (LCA) is located 66 km from Protaras - approximately 50 minutes' drive.

The Organizing Committee will provide free of charge transfer to and from Larnaca airport and the training pool for those who book accommodation through the Cyprus Swimming Federation.

Appendixes

PRELIMINARY ENTRY AND ACCOMMODATION FORM

Please fill and return this form not later than the 14th of March 2025
by email to koek@logos.cy.net & openwater@len.eu

CONTACT DETAILS (please fill in with capital letters in English)

Federation name: .....

Contact person: .....

Address: .....

Phone Number: .....

E-mail: .....

TEAM DELEGATIONS

Number of male swimmers: ..... Number of female swimmers: .....

Number of male supporting staff: ..... Number of female supporting staff: .....

HOTEL RESERVATION

VRISSAKI BEACH HOTEL ☐ PROTARAS PLAZA HOTEL ☐

Number of nights: .....

Check-in Date: ..... Check-out Date: .....

Rooms required: Single ☐ Double ☐ Triple ☐

(50% prepayment for official booking must be paid until 14/3/2025)

National Federation (name and stamp): .....

President or General Secretary of Federation: .....

Signature: ..... Date: .....

FINAL HOTEL BOOKING AND TRAVEL FORM

Please fill and return this form not later than the 3rd of April 2025
by email to koek@logos.cy.net & openwater@len.eu

CONTACT DETAILS (please fill in with capital letters in English)

Federation name: .....

Contact person: .....

Address: .....

Phone Number: .....

E-mail: .....

TEAM DELEGATIONS

Number of male swimmers: ..... Number of female swimmers: .....

Number of male supporting staff: ..... Number of female supporting staff: .....

FLIGHTS SCHEDULE

Arrival Date: ..... Airport: ..... Flight No:..... Time: .....

Departure Date: ..... Airport: ..... Flight No: ..... Time: .....

HOTEL RESERVATION

VRISSAKI BEACH HOTEL ☐ PROTARAS PLAZA HOTEL ☐

Number of nights: .....

Check-in Date: ..... Check-out Date: .....

Rooms required: Single ☐ Double ☐ Triple ☐

(Final payment for official booking must be paid until 3/4/2025)

National Federation (name and stamp): .....

President or General Secretary of Federation: .....

Signature: ..... Date: .....

EUROPEAN AQUATICS
OPEN WATER SWIMMING CUP – LEG 1
PROTARAS – CYPRUS (3rd May 2025)

ROOMING LIST

Please fill and return this form not later than the 3rd of April 2025
by email to koek@logos.cy.net & openwater@len.eu

ROOM TYPE SINGLE/ DOUBLE/ TRIPLE	CHECK IN DATE	CHECK OUT DATE	PERSON 1		PERSON 2		PERSON 3	
			FIRST NAME	SURNAME	FIRST NAME	SURNAME	FIRST NAME	SURNAME

FEDERATION STAMP, DATE AND SIGNATURE: .....